

# ການສື່ສານເພື່ອຫຼຸດຜ່ອນຄວາມສ່ຽງຕໍ່ພະຍາດ ໄຂ້ຍຸງລາຍ ຂອງພະແນກສາທາລະນະສຸກ ນະຄອນຫຼວງວຽງຈັນ

ສະເໜີໂດຍ:

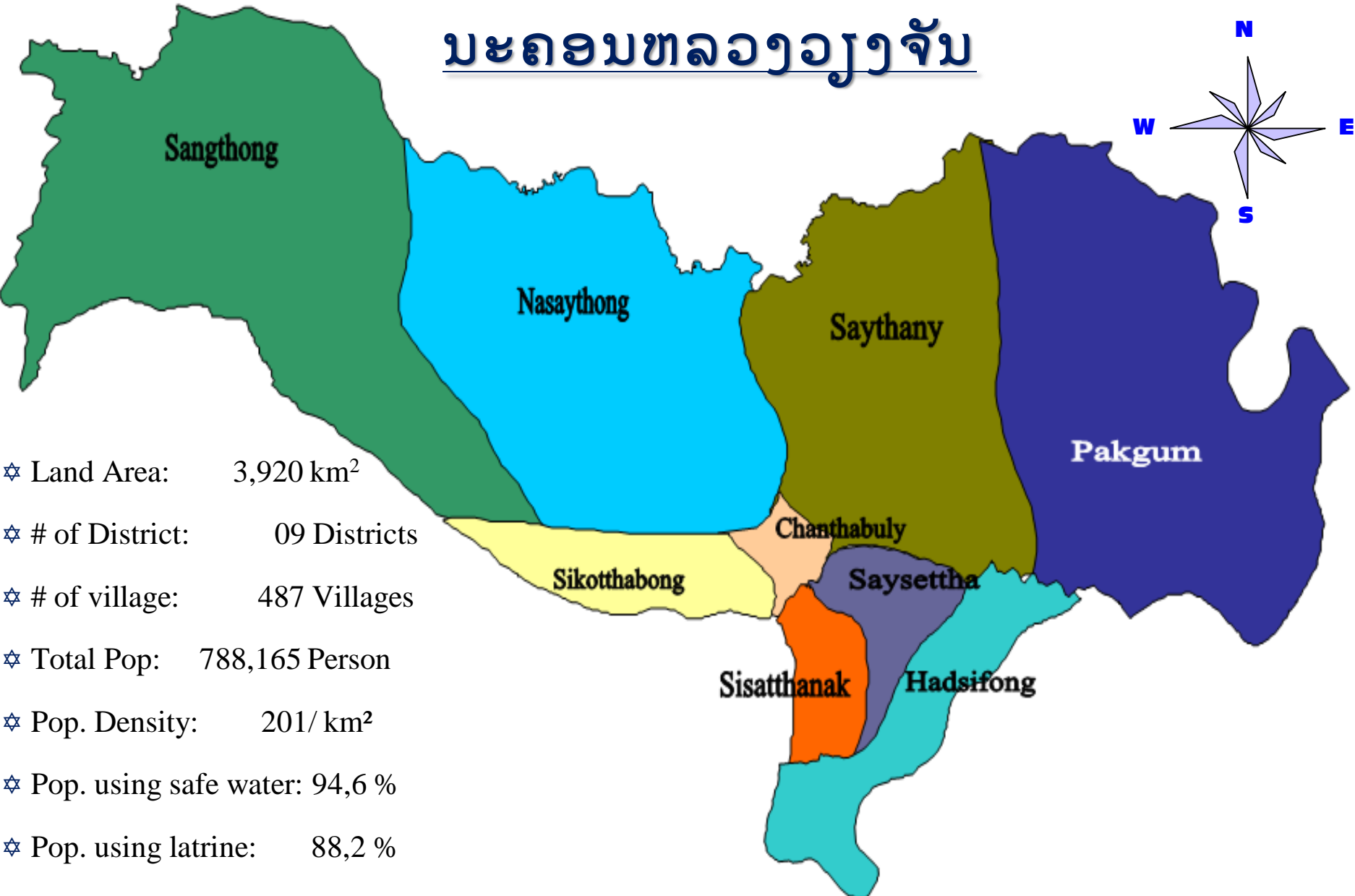
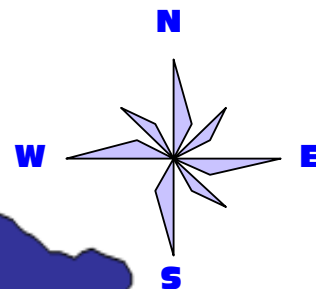
ດຣ. ພູປະສົງ ຊິມພູ

ຫົວໜ້າຂະແໜງຄົ້ນຄວ້າວິທະຍາສາດ, ຂໍ້ມູນຂ່າວສານ ສຸຂະສິກສາ  
ພະແນກສາທາລະນະສຸກ ນະຄອນຫຼວງວຽງຈັນ



# ສະພາບທົ່ວໄປ

## ນະຄອນຫລວງວຽງຈັນ



- ✧ Land Area: 3,920 km<sup>2</sup>
- ✧ # of District: 09 Districts
- ✧ # of village: 487 Villages
- ✧ Total Pop: 788,165 Person
- ✧ Pop. Density: 201/ km<sup>2</sup>
- ✧ Pop. using safe water: 94,6 %
- ✧ Pop. using latrine: 88,2 %

# ສະພາບຄວາມເປັນມາ

- ❑ ພະຍາດໄຂ້ຍຸງລາຍໄດ້ພົບເປັນບັນຫາຂອງວຽກງານສາທາລະນະສຸກ ໃນ ສປປ ລາວ ແຕ່ປີ 1985.
- ❑ ການລະບາດຂອງພະຍາດສ່ວນຫຼາຍເກີດໃນຊ່ວງລະຫວ່າງ 2-3 ປີ ໃນເຂດຕົວເມືອງທີ່ມີຊຸມຊົນໜາແໜ້ນ, ເຮັດອະນາສິ່ງແວດລ້ອມບໍ່ໄດ້ດີ, ຖິ້ມພາສະນະກະໂປະ-ກະປ່ອງ ຊະຊາຍເຮັດໃຫ້ມີນ້ຳຄ້າງ-ນ້ຳຂັງ. ເກັບກັກນ້ຳຕື່ມ-ນ້ຳໃຊ້ໄວ້ໂດຍບໍ່ໄດ້ປົກປິດ,
- ❑ ແຕ່ປີ 2005-2010 ໄດ້ມີການລາຍງານກໍລະນີໄຂ້ຍຸງລາຍໃນທົ່ວປະເທດ ເປັນຕົ້ນ ໃນຕົວເມືອງຂອງບັນດາແຂວງ, ນ.ວ ແມ່ນມີຕົວເລກລາຍງານການເຈັບເປັນຫຼາຍ ໂດຍສະເພາະກຸ່ມນັກຮຽນ, ນັກສຶກສາ 15-24 ປີ.



# 25<sup>th</sup> SEA Games 2009 (Vientiane Games 2009)

*Welcome To...*

09-18/12/2009





# Vientiane's 450<sup>th</sup> Anniversary as National Capital



# ຈຸດປະສົງ

- ປັບປຸງການປະຕິບັດການຄຸ້ມຄອງກໍລະນີ DHF/DSS (ຂັ້ນແຂວງ, ຂັ້ນເມືອງ ລວມທັງພາກສ່ວນທີ່ກ່ຽວຂ້ອງອື່ນໆ)
- ປັບປຸງການຄວບຄຸມ ໜອນນໍ້າໂດຍພື້ນຖານ (ຂັ້ນເມືອງ, ຂັ້ນບ້ານ ໂດຍການມີສ່ວນຮ່ວມຂອງອໍານາດການປົກຄອງທຸກຂັ້ນ, ອາສາສະ ໝັກບ້ານ ແລະ ຊຸມຊົນ)
- ປັບປຸງການເຝົ້າລະວັງ, ການກຽມຄວາມພ້ອມ, ການສືບສວນ ແລະ ການໂຕ້ຕອບຕໍ່ການລະບາດ (ຂັ້ນສູນກາງ, ແຂວງ, ເມືອງ ລວມທັງການວິເຄາະ ແລະ ລະບົບການເຝົ້າລະວັງພະຍາດຕິດຕໍ່)



# ພັດທະນາ ສື່ໂຄສະນາສຸຂະສິກສາ





# ຝຶກອົບຮົມໃຫ້ພະນັກງານສາທາລະນະສຸກ, ພະນັກງານສຶກສາ





# ຝຶກອົບຮົມໃຫ້ ພ/ງແພດ, ອົງການຈັດຕັ້ງມະຫາຊົນ ແລະ ອາສາສະໝັກບ້ານ





# ຝຶກອົບຮົມໃຫ້ ພ/ງແພດໝໍ ກ່ຽວກັບການຄຸ້ມຄອງ ກໍລະນີ





# ຝຶກອົບຮົມໃຫ້ບັນດາສົມວນຊົນ ແລະ ພາກສ່ວນທີ່ພົວພັນກ່ຽວຂ້ອງ





# ລົງໂຄສະນາ ສ້າງຂະບວນການຕ້ານໄຂ້ເລືອດອອກໂຮງຮຽນ





# ໂຄສະນາສຸຂະສິກສາໃຫ້ ພ/ງ ກຳມະກອນຢູ່ໃນ ໂຮງງານຕ່າງໆ







ລົງໂຄສະນາ ສ້າງຂະບວນການຕ້ານໄຂ້ເລືອດອອກຕາມວັດ





# ໂຄສະນາ ໃນງານ ບຸນທາດຫຼວງ







# ສ້າງຂະບວນການທໍາລາຍແຫຼ່ງເພາະພັນຂອງຍຸງລາຍ



Public bean

Metal for recycling

Garden pots

Construction area

Discarded tires

Plastic bottle for recycling



# ຜົນໄດ້ຮັບ

ສົມວນຊົນໄດ້ຮັບບົດຮຽນຄວາມຮູ້ໃນການລາຍງານກ່ຽວກັບພະຍາດ

- ❑ ມີຄວາມຊັດເຈນ ໃນຂໍ້ມູນທີ່ລາຍງານ
- ❑ ສ້າງຄວາມໝັ້ນໃຈ (ບໍ່ມີຄວາມກັງວົນຢ້ານກົວ ແລະ ເຂົ້າໃຈໃນທາງທີ່ຜິດ)
- ❑ ມີຄວາມໜ້າເຊື່ອຖື ແລະ ມີຄວາມໝັ້ນໃຈ ຕໍ່ແຫຼ່ງທີ່ມາຂອງຂໍ້ມູນຂ່າວສານ





# ໄດ້ຮັບການສະໜັບສະໜູນຈາກພາກສ່ວນສົມວນຊົນຕ່າງໆ

## How can we protect ourselves against dengue fever?

The approach of the rainy season serves as a reminder to remain vigilant against the spread of disease, which one of the more dangerous is dengue fever. Each year, countless numbers of people fall sick from dengue. In the lead-up to the wet season, people must be on their guard against the dengue virus

**Bounfaeng Phaymanivong**

A medical student, Ms **Souphalack Intaphathu**: Well, it's recommended that we clear out any areas where mosquitoes can lay eggs and breed. People also



need to exercise regularly to keep the body in balance. If we're healthy the virus may not affect us as badly. Importantly, we have to eat and relax properly to ensure good health. Putting up a mosquito net to sleep under is essential, especially an insecticide treated net. If you fall sick you must go to see a

doctor for a correct diagnosis. I've had dengue fever before but luckily my parents took good care of me. Anyway, cleaning your house and around it regularly will help to control mosquitoes.

A businessman, Mr **Vatxana Volakits**: An effective way to protect ourselves from dengue fever is for people to cooperate with each other to clean places in their



village that are favoured by mosquitoes for breeding. In the rainy season water easily collects and can become

breeding sites for infectious mosquitoes. The authorities should spread the message of dengue fever prevention by distributing posters, leaflets and handouts to highlight the dangers. In neighbouring countries local authorities work with villagers to get rid of mosquitoes. I think it'd be good for us to cooperate with each other to prevent dengue fever. I suggest that people who become ill go to see a doctor rather than treating themselves at home.

A company employee, Mr **Vankham**: It's crucial for us to take good care of our health at this time of year because there are many kinds of diseases that can occur, especially in crowded communities. Vientiane is a crowded city where the mosquito population can rapidly increase. Therefore, we have to take action to prevent dengue fever. Avoiding mosquito bites is important as mosquitoes



can spread diseases. Both working areas and homes need to be cleared of places where mosquitoes can hide and breed. Climate change leads to increasing numbers of mosquitoes, so it's important for us to remain up to date on prevention and protection measures.

An office employer, Ms **Pinita Syvanthong**: Dengue fever has long been a global

issue, not just in Laos. The authorities have been working hard to address the problem but members of the public should also help in the fight against dengue fever. In the rainy season people easily get sick because of the change in the weather. I think the hazards posed by dengue fever are definitely severe, people can die from the virus if they don't get proper treatment. Many

people may know how to protect themselves against dengue fever but they should be on the alert for other diseases as well. It's true that you should clean in and around your home but you have to make sure that your neighbours do the same. It's useless if your neighbours allow mosquitoes to breed — we have to work together if we want to keep dengue at bay.

Monday, May 2, 2011

Vientiane Times



Officials pose together at the training course in Vientiane.

## Vientiane officials take dengue prevention course

**Bounfaeng Phaymanivong**

Over 50 representatives from health, education, the Vientiane Youth Union and other relevant sectors met in Vientiane on Friday to discuss dengue fever prevention.

throughout the capital.

Participants learned about

protecting, tackling

controlling dengue

its spread

The course

promoting

in ca

specific

message

in var

### Health & Education

## Get rid of stagnant water to prevent dengue fever



The *Aedes aegypti* mosquito carries dengue fever.

**Kayxana Leukai**

Vientiane Health Department officials have urged the public to begin removing possible breeding sources of dengue carrying mosquitoes after four people fell ill this year.

Effective measures reduce the mosquito population as much as possible, therefore reducing the occurrence of dengue fever. Dr Phonpavouth said that every year medical staff retrace the path

participation of all people in a community is the most effective way to destroy mosquito breeding sources. Vientiane Times welcomes any stories from readers who would like to contribute to our newsmagazine. Stories can be written

10 | Tuesday May 17, 2011

Vientiane Times  
Streetwise

DOMESTIC SUBSCRIPTION (8 issues/week) and online fee	
12 Issues @ 40000	385,000
+ Online fee	+100,000
	485,000



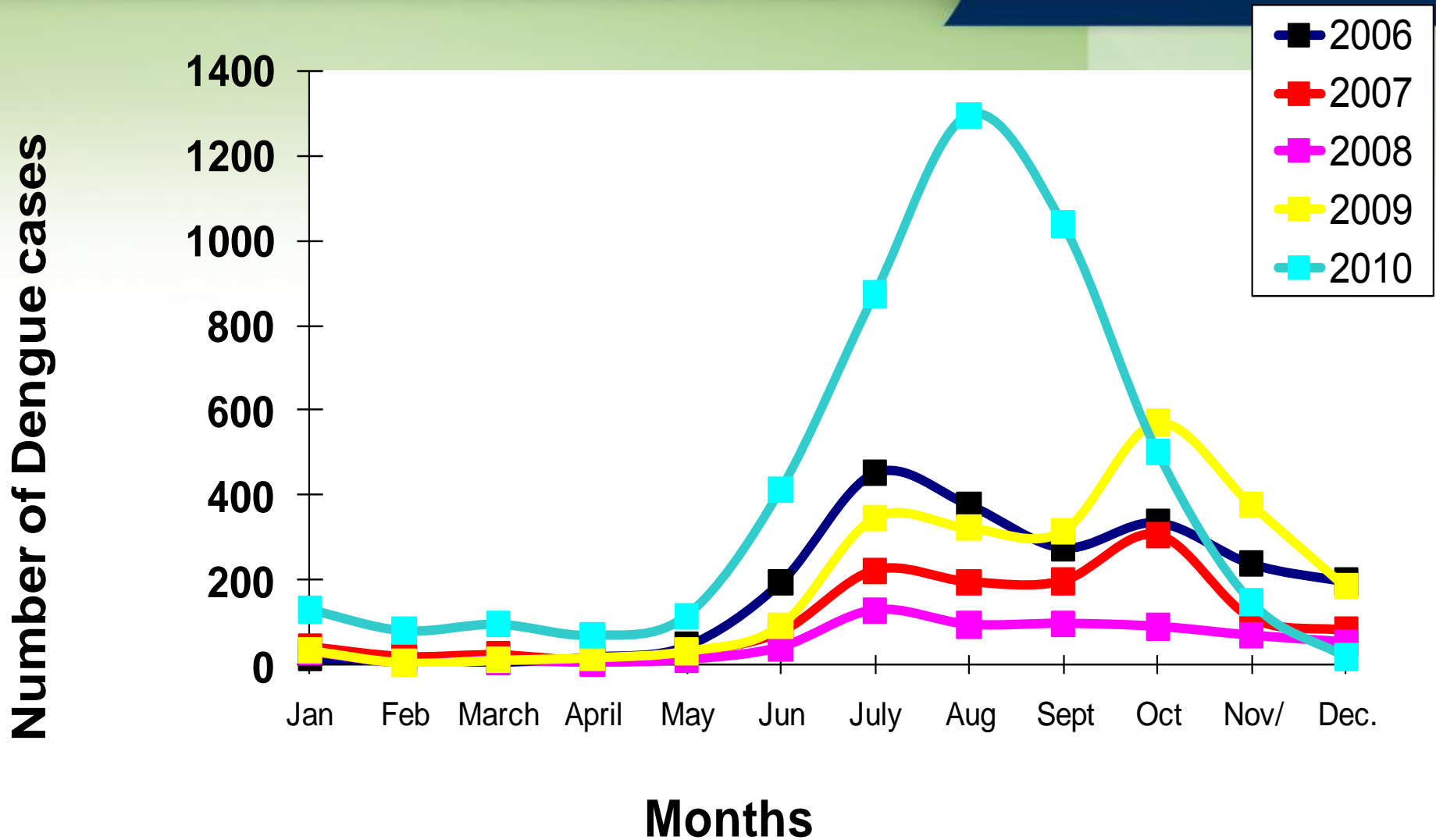


# ພ/ງແພດໝໍໄດ້ມີຄວາມຮູ້ ແລະ ໜັ້ນໃຈໃນການຄຸ້ມຄອງກໍລະນີ





# ສະພາບໄຂ້ຍຸງລາຍໃນນະຄອນຫຼວງວຽງຈັນ ແຕ່ປີ 2006 ຫາ 2010





# ຕົວເລກເຝົ້າລະວັງ 2006-2011

ອັດຕາການເຈັບເປັນ ແລະ ອັດຕາການຕາຍຍ້ອນ DF ຫຼຸດລົງ

<b>Year</b>	<b>DF</b>	<b>DHF</b>	<b>DSS</b>	<b>Total</b>	<b>Death</b>
2006	1,638	387	14	2,039	2
2007	1,121	220	2	1,343	1
2008	505	54	0	559	0
2009	1,919	360	4	2,283	0
2010	3,742	753	22	4517	9
2011	1,615	234	13	1,863	0



# ບົດຮຽນທີ່ຖອດຖອນໄດ້

- ເພື່ອສ້າງຄວາມເຂັ້ມແຂງໃຫ້ແກ່ພື້ນຖານດ້ານສາທາລະນະສຸກ ຕໍ່ການຄວບຄຸມໄຂ້ຍຸງລາຍແມ່ນຕ້ອງການ ການສະໜັບສະໜູນຈາກຂັ້ນເທິງ ລວມເຖິງການປຸກລະດົມຊຸມຊົນ ໃຫ້ການຮ່ວມມື ແລະ ການມີສ່ວນຮ່ວມຢ່າງຕໍ່ເນື່ອງ.
- ຕ້ອງມີການເຝິກອົບຮົມໃຫ້ ພ/ງ ແພດໝໍ ແລະພາກສ່ວນທີ່ກ່ຽວຂ້ອງໃນການຄວບຄຸມໄຂ້ຍຸງລາຍແຕ່ລະໄລຍະຢ່າງຕໍ່ເນື່ອງເພື່ອເສີມສ້າງຄວາມຮູ້ຄວາມສາມາດ.
- ການເຂົ້າເຖິງຂໍ້ມູນຂ່າວສານການແພດກ່ຽວກັບໄຂ້ຍຸງລາຍແມ່ນມີຄວາມສໍາຄັນເພື່ອຊອກຮູ້/ເຫັນໄດ້ ຄວາມກ້າວໜ້າ ຂອງການຄຸ້ມຄອງກໍລະນີ.
- ການປຸກລະດົມໃຫ້ມີສ່ວນຮ່ວມຢ່າງຕໍ່ເນື່ອງຂອງຄົວເຮືອນ-ຊຸມຊົນແມ່ນມີຄວາມສໍາຄັນໃນການຕ້ານ ແລະ ຄວບຄຸມພະຍາດດັ່ງກ່າວ.
- ສື່ໂຄສະນາຕ່າງໆຕ້ອງກຽມພ້ອມເພື່ອປະກອບສະໜັບສະໜູນເຂົ້າໃນການປະຕິບັດກິດຈະກຳຕ່າງໆ.



*Pha That Luang*

Dokchampa



**ຂອບໃຈ**